The Lemon Grove FULLY The Lemon Grove

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Vol. 48, No. 62

Serving Lemon Grove and nearby communities

Tuesday, May 14, 1996 25¢

East County kids rehab center opens

More than 75 people helped the Children's Hospital East County Rehabilitation Center celebrate its grand opening last month.

Located at 8380 Center Drive in La Mesa, the center is the only pediatric rehabilitation center in East County. Children's highly-skilled physical therapists, occupational therapists and speech and language pathologists have been specially trained to work with children.

Guest speakers at the ribboncutting ceremony included La Mesa Mayor Art Madrid and Meg Norton, Children's Hospital vice president of managed care and marketing.

"We know that children have unique healthcare needs, so our center and rehabilitation programs are designed especially for them," said Norton, "With this new center in the heart of La Mesa, we hope to be a community resource for East County families."

Norton acknowledged the community support Children's East County center has received, particularly the donations of toys and equipment from the Lions Club.

Mayor Madrid also recognized the center as a benefit for families in East County. He said his family had first-hand experience with Children's Hospital several years



La Mesa Mayor Art Madrid (left) addresses the crowd at the ribboncutting ceremony for the new Children's Hospital East County Rehabilitation Center last month. The children in the audience were much more interested in the hospital's Healthy Bear.

ago when their son was hospitalized.

"The care we received was excellent," Madrid said, "Children's is committed to helping the whole family. I believe many East County families will take advantage of the unique services in this conveniently located center."

The center features individual and group therapy areas and offers free screenings and a wide range of multidisciplinary therapy programs. Observation rooms allow parents to watch their children during therapy sessions.

"The kids enjoy our fun environment here." said Eileen Porter, manager of the new center. "Our pediatric specialists are experienced in helping children achieve positive results."

Porter said parents can schedule appointments weekends from 7 a.m. to 6 p.m. Most insurances are accepted and financial options are also available, she added.

For information on free screening or programs, call 667-

Supervisors to amend open space ordinance

by Dave Schwab

County supervisors have ordered the 7-year-old Resource Protection Ordinance (RPO) safeguarding the county's environment to be dismantled.

The board recently voted 5-0 to revamp the RPO by breaking it down into its constituent components — wetlands, flood provision, biological mitigation and cultural and archaeological resources.

In rendering its decision, the board concurred with the view that the "umbrella" RPO needed to be "split" into parts because it is too big and unwieldy to manage and implement, and because much of its language is vague.

"Their direction to us was to break the RPO into four or five individual ordinances that would be based on the particular resource effected," said Eric Gibson, county environmental coordinator. "We'll have a biological resource ordinance, a wetlands ordinance, an archaeological ordinance — so everybody knows clearly what those ordinances are."

Gibson characterized the board's decision to amend the

RPO by breaking it down into smaller ordinances as a "trade off."

"You lose the ability to have one document which has certain benefits," he noted. "On the other hand, having resource-based ordinances — you gain something."

Bob Copper, the county's acting deputy Chief Administrative Officer, said revising the RPO will help remove its ambiguities.

"Several sections of the RPO as drafted I felt were vague, and at times, difficult to interpret and enforce." Copper said, "The ordinances being proposed now are much more specific,"

Copper said the revamped RPO will streamline the county's development permitting process.

"What this provides is a set of ordinances rather clear on how they are to be implemented." Copper said. "It should be possible for anyone coming in to get a permit to develop, to read through the ordinances and get a pretty good idea of what they're up against. It will also be clear in the minds of citizens what they have a right to expect."

The board's decision to revise the RPO followed two all-day planning commission workshops on the issue held March 22 and March 29. Workshops were wellattended by community planners and representatives of environmental groups and the building industry who offered contrasting ideas on changing the RPO.

Formal efforts to create a comprehensive plan for environmental protection striking a balance between economic development and resource protection in San Diego County date back to 1988. At that time, the Board of Supervisors, in an effort to avert the passing of a ballot measure that would have severely curtailed development, invited citizen group members and building industry representatives to participate with the county in crafting a compromise agreement on environmental regulations. That action culminated with board passage of the "Resource Protection Ordinance" on May 31, 1989

In 1995, supervisors created another citizen/industry committee to evaluate the RPO and recommend changes. Last November, Fifth District Supervisor Bill Horn unsuccessfully attempted to have the RPO rescinded without preserving any of its functions. The board then realized that such a far-reaching

Continued on Page 3

Lady coach takes AYSO boys to division first place

by Greg Eichelberger

Being a boys' soccer coach is not unusual. Neither is leading that team to first place in their division, or finishing second in the season-ending, countywide tournament. What is rare, however, is when that coach does it in their first year or just happens to be a woman.

Cheryl Brugman, a 15-year resident of El Cajon, has coached a Lakeside AYSO Division 3 (age 12-14) boys' squad for the past two years and, come August, will do it again.

She also plays for coed, upper division adult indoor and outdoor teams in Alpine and El Cajon four nights a week. But it all began on a fluke.

"I've got the (coaching) bug." she said. "I can't get enough of the game now."

Brugman signed up her own boys, Ben and Adam, for soccer in 1994, but was disappointed to find Ben was not chosen. When she inquired as to why, the official told her they didn't have enough coaches.

Faced with disbanding and

having to refund of all the boys' registration fees. Brugman took control of the situation and volunteered to coach the team when presented with the idea.

"I had no idea how to run a soccer team," she remembers. "The only thing I knew was how to buy soccer balls. I had to ask several veterans for advice. One person I turned to was long-time local AYSO coach, Jack Thigpen. He assisted me in learning the ropes, holding drills and sharpening my techniques. He was a great help to us."

Ironically, Brugman's team, which became Cheryl's Brats, defeated Thigpen's boys twice during the regular season.

"At first, everyone thought the whole thing was a joke," she said. "Here a mother, with no coaching experience, leading a boys' team. But when we started winning, everyone stopped laughing."

Later that season, Brugman was joined by Jan King of Alpine. as the only other female coach of an East County AYSO squad. "King was as ruthless as any male I competed against," Brugman said.



Cheryl Brugman

By the end of that year, though, King was gone and, once again, Brugman was flying solo.

When the season ended, Brugman's Brats had compiled so many points that even if they lost in the play-offs, they would still be assured of first place.

"Some other coaches actually came up to me and asked me to drop some of our accumulated points so their teams would have a chance," she said. "This bothered me a bit, because no man's team would have been asked to do something like this."

She refused this unprecedented request and, to drive home the point, emerged victorious in the play-offs anyhow.

In the meantime, as a firstplace coach, she was chosen to lead the Division All-Star team, and led them to the runner-up position in the tourney. Her own platoon also finished second among all San Diego County teams, quite an accomplishment for a rookie coach of *any* sex.

In 1995, her team ended up second in their division and was therefore not eligible for tournament play.

"This has been a great experience for me," she said. "It has brought me closer to my own sons and to the kids on my team. All the boys I have coached have made me proud, and I look forward to doing this for years to come.

Brugman was born in New York and raised in Lakeside. She currently lives with her two sons and husband, Matthew, in El Cajon and works at Pepindeli's on Second Street.

College Notes

Michael Alan Thompson of Lemon Grove recently received his associate's degree in science/liberal arts from Regents College at the University of the State of New York in Albany. Regents College has no residency requirements and students can complete course work wherever they live.

Corey Cashmere of Lemon Grove was recently honored for high scholarship at the University of Nebraska-Lincoln. Approximately 2,500 students have maintained a grade-point average of 3.6 or higher. Cashmere is a senior in the College of Arts and Sciences.

Stephanie J. Tinsley of Lemon Grove is among 2,000 high school seniors nationwide selected to receive a \$2,000 National Merit Scholarship. Tinsley, a student at Gompers Secondary School in San Diego, was chosen from some 14,000 finalists and awarded the scholarship on the basis of test scores, grades and a principal's recommendation. She is a valedictorian, California Scholarship Federation member, Drama Club secretary and campus newspaper reporter. She hopes to pursue a career in medicine.

Jason Schwarz of Lemon Grove received \$500 in the Bank of America's 1996 Achievement Awards held recently in Mission Valley. The students were judged on the basis of their written and oral responses and their performance in a roundtable discussion. Schwarz, chosen from more than 3,100 high school seniors statewide, attends Gompers Secondary School.

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All materials must be received by the Monday preceding the date of publication. The editor reserves the right to edit all submissions.

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In the Service

Coast Guard Academy accepting applications

The United States Coast Guard Academy is now accepting and processing applications to the U.S. Coast Guard Academy, Class of 2001. Appointments are tendered solely on the basis of an annual nationwide competition with no congressional nominations or geographical quotas. Applications must be submitted to the Director of Admissions prior to Dec. 15, 1996. Candidates must arrange to participate in either the SAT I or ACT prior to or including the December 1996 administration.

Appointments are based on the candidate's high school record, performance on either the SAT I or ACT, and leadership potential as demonstrated by participation in high school activities, community service and part-time employment. Most successful candidates rank in the top quarter of their high school class and have demonstrated proficiency in both mathematical and applied science.

Candidates must be unmarried at the time of appointment, have no legal obligations, and must be between the ages of 17 and 22 by July 1, 1997. Candidates must be assured of high school graduation by June 30, 1997

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To obtain an application or further information write: Director of Admissions, U.S. Coast Guard Academy, 15 Mohegan Ave., New London, CT. 06320; or call 1 (800) 883-8724.



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Public Notices

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B Words

by Bob Burns

We will miss you, Sam

Lemon Grove has lost another very good friend. Dr. Sam Smith is no longer with us and our hearts goes out to his dear wife, Gretchen, and their children.

One of the original country doctors of the old Lemon Grove Medical Group, Sam attended to the medical needs of our populace for many, many years. He x-rayed our son, Dennis, when he was clipped by a car out in front of our house and patiently sutured Patrick's thumb after a bike fall. He was my diabetes consultant and family physician

I also had the pleasure of knowing Sam and Gretchen through their beagle hound. My father was a rabbit hunter and our only dogs were beagles, since they were the best in that pursuit. I have always felt blessed that I had so many canine and feline beings to intercede for me in acquiring human friends. And I consider myself doubly so in becoming acquainted with the Smiths early on in Lemon Grove.

Sam not only made a notable name for himself in the field of medicine, but he involved himself in the community as well. Acting as team doctor at Mount Miguel High School and working Old Time Days with the Rotary Club were just two of his extracurricular activities. My wife and I enjoyed his music at the dixieland jazz concerts, but mostly it was the "our kind of music" that he played with Bob Guest and the Notables band. He always did a sax solo for us when they played "Tuxedo Junction" or "Satin Doll."

Most of all, I think Sam will be remembered for his sunny disposition and friendly greeting that he had for everyone.

Sam's list of accomplishments is lengthy and has been well-publicized, but words cannot fully express the appreciation for the total value of such a life. In the course of any profession, one reaches certain levels and gains many awards. It has always seemed to me that more important are the unspoken and unwritten proclamations that one receives for what is done over and above the expected. Being a Marine, a member of my favorite calling, medicine, and the love of animals made Sam special. Being a full citizen and participant in the whole being of Lemon Grove made him more.

Plaques and certificates of commendation will gather dust in the attic or crumble with age, but the love and friendships that one gathers up in life do neither. They grow and become richer with the passage of time, and they bring back memories. The number of times that Jackie and I will be remembering Sam cannot be predicted. But I know that hearing a song or working on a community project, or recalling a time that he spoke out at a city council meeting will flash his gentle features across our minds. Multiply this by the ever so many people whose lives have been touched by Dr. Sam, and you will know the true legacy

We will all miss you, Sam, and after you finish shaking hands and giving hugs to the many who have gone on before, please pray for us whom you left behind ..

RPO

Continued from Page 1

proposal needed study and directed staff to bring proposals to the planning commission, which led to the March 1996 public workshops

Gibson said revising the RPO will be a long and involved process requiring several months work by county staff, necessitating preparation of the new ordinances themselves, as well as a county General Plan Amendment and an environmental impact report.

The revised RPO is likely to be back before county supervisors for final action later this year.

LG to get Project CARE

Mesa Valley Grove Senior Programs will officially launch the Lemon Grove/Spring Valley Project CARE program Thurs-

The program will be kicked off at a 10 a.m. reception in the lobby of the Lemon Grove Senior Center, 8235 Mt. Vernon Ave.

Project CARE (which stands for Community Action to Reach the Elderly) is a coalition of business, private and non-profit service agencies working together to assist older persons. Essentially, the program and its elements offer a measure of security to seniors living independently in these communities.

Project CARE offers a variety of free programs designed to ensure the well-being and independence of older adults and disabled persons living alone. Programs such as Are You OK? (a daily phone call to see if everything is all right) and Postal Alert (in

which letter carriers watch mailboxes for signs of trouble) help in averting tragedies in the commu-

The Lemon Grove/Spring Valley Project CARE program has been developed through the efforts of the following public. private, business and community organizations: Area Agency on Aging, EDCO Disposal, FHP Health Care, Grossmont Hospital - Senior Resource Center, city of Lemon Grove, Lemon Grove Fire Department, Lemon Grove Sheriff's Department and Senior Volunteer Patrol program, Mesa Valley Grove Senior Programs, San Diego Gas & Electric, San Miguel Consolidated Fire Protection, Social Security Administration and the U.S. Postal

For more information on Project CARE, contact Mesa Valley Grove Senior Programs at 460-0430

Obituary

Prominent physician Sam Smith dies

Sam W. Smith, M.D., 63, died of cancer May 2 in his home in Lemon Grove

Dr. Smith was born Aug. 8, 1932 in Kansas City, Mo. and lived in Lemon Grove for 37 years.

He worked as a doctor in the county for 32 years before retiring in 1992. From 1993 until April of this year, he acted as a consultant to the California Medical Board.

Dr. Smith was active in many Lemon Grove civic organizations. He was president of the Chamber of Commerce in 1965-66, president of the Rotary in 1963-64 and president of the Old Time Days Association from 1966-68

Dr. Smith was active in St. Philip's Episcopal Church and was a senior warden from 1969-76

His interests included membership in the San Diego opera. museum of art, historical society, zoological society and public broadcasting

From 1965 - 1985, he was the team physician at Mount Miguel High School. His hobbies included playing in local Dixieland bands, photography and travel.

Dr. Smith was a life member of the University of Kansas Alumni Association, acting as president of the local chapter from 1971-78. He graduated from the university in 1956 and earned his medical degree at the school in 1959, serving his internship in San Diego. He was also involved with the Sigma Chi Fraternity and the Nu Sigma Nu medical fraternity.

The doctor served in the U.S. Marine Corps from 1949 until Philip's Episcopal Church, 2660



Dr. Sam W. Smith

Survivors include his wife. Gretchen, and three sons and their wives, Mark and Christine (Thousand Oaks), Eric and Karen (Anaheim Hills) and Lee and Rita (San

A memorial service will be held 11 a.m. Saturday, May 18, at St.

Hardy Dr. in Lemon Grove. Cremation will be handled by Conrad Lemon Grove Mortuary

The family requests that in lieu of flowers contributions be sent to the Kansas University Endowment Association for San Diego area scholarship fund at P.O. Box 928, Lawrence, KS 66044 or a charity of the donor's choice.

Lerwill adjusting well to first place

by Joe Naiman

Helix alum Mike Lerwill relishes each win, but this year for the first time he tops the point standings for the Bomber Stocks at the Cajon Speedway

Hopefully we can keep it there," said Lerwill following his first main event win of the season May 4. The win gave him 136 points for the season, 12 more than the amount earned by second-place Ivan Harrison.

Lerwill's win came in a shortened 15-lap event. The race had been scheduled for 20 laps, but the track's 11 p.m. curfew caused the checkered flag to be thrown following a collision on the track.

Lerwill had the task of overtaking Bill Holland, who is seeking his first career victory.

"Once I passed him my worries were over," said Lerwill. "I was on a roll tonight.

Lerwill passed Holland on the 12th Iap. After the race, he discovered that he had run with a split tire.

I don't know if it would have run three more laps." he said.

Several factors combine to put Lerwill atop the Bomber Stocks standings. Last year, he finished in fourth place, behind John Tyczki, Jr., Harrison and Bones Kramer. This year. Tyczki and Kramer moved up to the Street Stocks division and the battle is currently between Lerwill and Harrison.

"Just better luck," he said of



Mike Lerwill

his edge against Harrison. "You need a lot of luck.

Jim Kiley, the owner of Lerwill's Malibu, notes that luck hasn't always gone Lerwill's way.

"We're doing it the hard way." he said "We're not getting no breaks from no official."

Lerwill grew up in Lakeside and attended Our Lady of Perpetual Help school. Because his family owned property in Lemon Grove. he attended Helix High School to make pickup and dropoff easier for his mother, although Lerwill admits his attendance at Helix wasn't comparable to his current participation at the racetrack.

Lerwill attended his first race a few years after graduating from Helix and fell in love with the sport. He took a job with Harrison's pit crew until a car became cian in the

available. Lerwill bought a bomber for \$450 and has been racing for the last 11 years.

Although Lerwill is an East County product, his current car, a 1969 Malibu chassis, is owned by Jim Kiley, who runs Kiley's Towing in San Marcos. Kiley's Towing has the sheriff's impound account in San Marcos and Kiley noted that the two cars of the "Happy Hooker Racing Team" were originally driven by off-duty sheriffs. Their shifts changed, precluding them from racing, so Kiley replaced them with ambulance drivers. The shifts of those drivers also changed, and Kiley was looking for a driver.

Lerwill's crew consists of a mix of East County and San Marcos residents

For those who consider superstition a factor. Lerwill's performance has been linked to that of Escondido racer Gary Tamborelli, who races in the Sportsman stocks. Tamborelli also won his May 4 main event. The Sportsman and Bombers have raced on the ame night four times this and each time Tamborelli and Lerwill have had identical finishes.

'We told Tamborelli to keep up the good work because he does what we do," said radiator specialist Ross McIntyre.

In real life Lerwill, whose favorite color is black, drives a 1992 Ford pickup truck. He works for his father's company, Pacific Refrigeration, as a techni-

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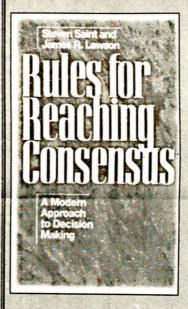
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